

Dr. Naveena Natarajan

Qualifications: M.Sc. (Foods and Nutrition), Women's Christian College, University of Madras, Chennai; Ph.D. (Nutrition), ICMR-NIN, Hyderabad

Nature of Appointment: Permanent

Dr. Naveena Natarajan specializes in Foods and Nutrition, with research interests in *food science, functional foods, nutrient bioavailability, disease prevention, public health nutrition, and sports nutrition*. Her Ph.D. research focused on polyphenols, emphasizing their separation, quantification, processing effects, and bioavailability.

She began her academic career at the *Post Graduate Government College for Girls, Chandigarh* after selection through the UPSC, and has also served as a Nutrition Instructor for ICDS supervisors at the *Indian Council for Child Welfare (ICCW-TN), Chennai*, and as a Sports Nutritionist at the *Sports Authority of India (SAI), New Delhi*.

With over six years of teaching and research experience, she continually advances her expertise through training in nutrition research methodologies, laboratory techniques, and scientific communication.