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Designation	Director
Qualification	M.Sc. Food & Nutrition, University of Delhi , Ph.D. (AIIMS)
Nature of Appointment	Permanent
Area of interest	Body composition and energy requirements, Anthropometric growth assessment, Age-related changes in work capacity, sports nutrition, Lipid intake and requirements, Prevention of low birth weight, Stunting, Obesity, Clinical nutrition, Bariatric surgery, Recession of diabetes and heart disease, Food safety, Maternal nutrition, Food security of communities
	Dr Anupa Siddhu, Director, Lady Irwin College and Head, Dept of Home Science, University of Delhi. She is a PhD from AIIMS (Gold Medallist). Under her leadership Lady Irwin College has received NAAC rating of A+ in 2018 and NIRF 2018 National ranking of 12 among colleges of India. She was National Head, Secretariat, Capacity building project – Food and Drug Safety (MOHFW) 2007. Presently she is Chairperson, National Center of Excellence and Advanced Research on Diets and Chairperson, National Center of Women Collectives Led Social Action at Lady Irwin College. She is signatory to several MOUs with Foreign Universities. She is the recipient of several awards- Mahila Shiromani Swarn Padak, Asia’s Brand Award 2016 for Education, and Women Leadership Award.