



DEPARTMENT OF EDUCATION  
LADY IRWIN COLLEGE  
**ENHANCEMENT OF PROFESSIONAL CAPACITY**  
2024-25



The B.Ed. programme incorporates a set of **Enhancement of Professional Capacity (EPC)** courses that aim to nurture the creative, intellectual, communicative and reflective abilities of pupil-teachers. These courses are designed not merely as add-ons but as integral components that shape the **holistic** personality of a teacher. They encourage students to discover hidden talents, cultivate confidence and develop skills of self-expression, collaboration and critical engagement. By blending theory with practicum, the EPCs enable pupil-teachers to appreciate education as a **dynamic, multidimensional and lifelong process**.

The following EPCs are offered in the programme:

- a) EPC: Art, Craft and Aesthetics (Drawing and Painting)
- b) EPC: Critical Understanding of ICTs in Education
- c) EPC: Understanding Communication
- d) EPC: Drama and Theatre in Education
- e) EPC: Yoga

**a). EPC: Art, Craft and Aesthetics (Drawing and Painting):**

This course focuses on art as a vital dimension of **life, encouraging originality, fearless expression and independent decision-making** while cultivating aesthetic sensitivity. It also develops appreciation for India's artistic heritage and folk traditions. As part of the course, students participated in activities such as **Calligraphy (21 February 2025), Warli Art (7 March 2025), Live Sketching (21 April 2025), and Floral Art Painting (28 April 2025)**, which enhanced creativity, exploration and aesthetic understanding.

**b). EPC: Critical Understanding of ICTs in Education:**

This course provides **hands-on experiences** and reflective engagement with digital tools. Through workshops, presentations and seminars, pupil-teachers learn to integrate ICT meaningfully into pedagogy, research and classroom practice.

**c). EPC: Understanding Communication:**

This course enhances verbal, non-verbal and written communication skills. It builds **confidence, strengthens interpersonal relationships** and **equips pupil-teachers** to engage effectively with learners, peers and the wider

community. As part of the course, students presented **story telling via gestures (10 August 24)**, **group discussions (21 April 25)**.

**d). EPC: Drama and Theatre in Education:**

This course uses drama and theatre as creative pedagogical tools. It promotes **collaboration, empathy, imagination and critical reflection**. Pupil-teachers learn to design and stage performances that make learning engaging and inclusive. As part of the course, students presented self-composed **Educational Song** with instruments from nature **(21 April 2025)**, explored the **Origin of Theatres through Role Play in India (26 April 2025)**, **performed Panchatantra stories with ice-breaking activities (27 April 2025)**, and enacted **Role Plays on the Importance of Nutrition and the Circulatory System (28 April 2025)**. These experiences fostered creativity, teamwork and contextual learning.

**e). EPC: Yoga:**

EPC Yoga education provides a holistic method for **stress management** by teaching practical techniques like **asanas** (postures), **pranayama** (breathing) and **meditation**. This training helps regulate the nervous system to cope with stress effectively, fosters **self-understanding** and promotes **mental, physical and emotional balance**, which are essential foundations for leading a **healthy and prosperous life**. As part of the course, students participated in **International Yoga Day (21 June 25) held at college**.

In **2024 and 2025**, B.Ed. students actively engaged in EPC courses through diverse activities in art, ICT, communication, theatre and yoga. These participations enhanced their creativity, digital competence, confidence, teamwork and reflective practice. The EPCs thus played a vital role in shaping holistic teacher identities and preparing them as innovative and inclusive educators.

**2024-25**

In 2024-25, B.Ed. students participated in EPC activities across Art, Theatre, ICT, Communication and Yoga. The events are as follows:

S.NO.	ACTIVITIES	DATE
1.	Story Telling via Gestures	10/08/24
2.	Calligraphy	21/02/25
3.	Warli Art	07/03/25
4.	<ul style="list-style-type: none"><li>• Live Sketching</li><li>• Educational Song</li></ul>	21/04/25

	<ul style="list-style-type: none"> <li>Group Discussion</li> </ul>	
5.	Role Play on Origin of Theatre in India	26/04/25
6.	Panchtantra ki Kahaniya	27/04/25
7.	<ul style="list-style-type: none"> <li>Floral Art Painting</li> <li>Role Play on Importance of Nutrients and Circulatory System</li> </ul>	28/04/25
8.	Yogasanas	22/04/25
9.	International Yoga Day	21/06/25

## GLIMPSES









