

Human Development and Childhood Studies Departmental Activities

2025-2026

- Workshop on Effective Planning and Strategic Approaches for Field Work by Ms. Samriti Bhatia (29.08.2025)
- Workshop on digital well-being of Older Adults: Concepts, Theories and SDGs by Dr. Saumya Kumar (11.09.2025)
- Workshop on Creative Learning in Early Childhood by Shamli Rana, Illustrator in Amity University (18.09.2025)
- Workshop on Counselling Insights for Meaningful Parenting by Ms. Yashika Malhotra (19.09.2025)
- A field visit to *Vishram Sadan*, AIIMS, was organized to provide students with experiential learning regarding the range of services offered at the facility, as well as to sensitize them to the challenges encountered by adults engaged in the caregiving of patients (20.09.2025).

छात्राओं ने एम्स दिल्ली विश्राम सदन का किया दौरा



नई दिल्ली, (पंजाब केसरी): लेडी इरविन कॉलेज की छात्राओं ने शनिवार को भारू राव देवरस सेवा न्यास द्वारा संचालित एम्स दिल्ली विश्राम सदन का दौरा किया। इस दौरान दिल्ली विश्वविद्यालय की मानव विकास एवं बाल्य विकास अध्ययन विभाग की लगभग 100 छात्राएं उपस्थित रही। इस अवसर पर "प्रौढ़ वर्ग के लिए परिवार व समाज का दायित्व" विषय पर विशेष व्याख्यान कार्यक्रम का भी आयोजन किया गया। विश्राम सदन संयोजक रामअवतार किला ने उपस्थित अतिथियों का सम्मान करने के पश्चात छात्राओं को सदन के उद्देश्यों और कार्यकलापों के बारे में जानकारी दी। उन्होंने बताया कि सदन का मुख्य उद्देश्य दूर-दराज से आने वाले रोगियों और उनके परिजनों को सुरक्षित, स्वच्छ और किफायती आवास प्रदान करना है। वहीं, इस मौके पर विशिष्ट अतिथि उद्योगपति एवं सामाजिक कार्यकर्ता बलदेव गुप्ता ने भी अपने विचार साझा किए।

- Online Lecture on Inclusive Education: Concept, Policy and Practices by Prof. Amita Bajpai (24.09.2025)
- Workshop on Community Support in Field Work by Dr. Tarubhi Agarwal, Assistant Professor (26.09.2025)

2024-2025

- Dr. Vinutha Muktamath, Assistant Professor & Scientist, AICRP-WIA, MARS, UAS, Dharwad, delivered a seminar/talk on "Closing the Gap: Breastfeeding Support for All – Role of Breastfeeding in Child Development". (08.08.2024)



- A theatre and drama-in-education practitioner (03.09.2024)
- A Library Orientation (05.09.2024)
- Workshop on Breastfeeding by NIPCCD (06. 09.2024)
- Alumni meet "Celebrating the Past, Embracing the Present, Shaping the Future" (11.09.2024)
- Effective Planning and Strategic Approaches for Field Work (13.09.2024)
- Emotion in Motion," led by Mr. Vishal Telang (13.09.2024)
- Professional Ethics in Fieldwork Research: Balancing Integrity, Respect, and Practicality (14.09.2024)
- Context, curriculum and pedagogy in ECCE (23.09.2024)
- Offline Workshop on Emotional Resilience and Coping Mechanisms by Ms. Jasleen Kaur, Trauma Focused Psychotherapist (03.10.2024)
- Webinar on Prenatal: Development and Care by Dr. Kanak Mishra, Assistant Professor (09.10.2024)
- Understanding Autism: Enhancing Support and Inclusion (14.10.2024)
- Webinar on Understanding Inclusion: Concept, Policy and Practices by Dr. Amita Bajpai, Professor (18.10.2024)
- Online Workshop on Assessment of Developmental Domains by Dr. Dhaarna Bhardwaj, Child Psychologist (19.10.2024)
- Webinar on Laws and Policies Related to Children with Disabilities by Dr. Dinesh Singh, Assistant Professor, School of Law, Benett University (25.10.2024)
- Effective Planning and Strategic Approaches for Field Work (04.02.2025)
- Online Lecture on Legal Safeguards for Children: Constitutional Provisions, Laws & Conventions by Dr. Dinesh Singh, Assistant Professor, School of Law, Benett University (05.02.2025)

- A visit to World Book Fair was organized on 6th February 2025 to observe early childhood stimulating and learning material.



- Professional Ethics in Fieldwork Research: Balancing Integrity, Respect, and Practicality (14.02.2025)
- Online Lecture on Empowering Children: Policies & Programs in India by Dr. Munish Singh, Assistant Professor, ICAFI Law School, IFHE (15.02.2025)
- Session on Mindfulness for Success: Navigating Through Exams, Peer Pressure and Career Choices (18.02.2025)
- Sports day of RAK Child Study centre was celebrated on 20th February 2025 which was attended by the students of RAK, their parents, the director of Lady Irwin College, students and teachers of the department.



- Online Lecture on UNCRC: Concept, Policy and Practices by Dr. Dharendra Vikram Singh, Assistant Professor (Law), Allahabad Degree College (UoA) Prayagraj (26.02.2025)

- Workshop on Laws and Policies for Women and Children in India by Harsh Vibhore Singhal, Advocate, Supreme Court of India (28.02.2025)
- Online Workshop on Assessment of Developmental Domains by Dr. Dhaarna Bhardwaj, Child Psychologist (17.03.2025)
- Online Lecture on Legal Safeguards for Children: Constitutional Provisions, Laws & Conventions (Part II) by Dr. Shushil Kumar, Faculty of Law, Assistant Professor, University of Lucknow (27.03.2025)
- Thesis Viva Voce of M.Sc. Final students (26.05.2025)

2023-2024

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- Field visit to *Palna* NGO where students presented a skit on ‘Good touch and bad touch’ (11.07.2023)



- Session on Practising Mindfulness by Ms. Shruti Sachdeva (06.10.2023)
- An exhibition and demonstration of low-cost indigenous developmental activities were conducted for UG and PG students. The event showcased innovative and affordable techniques for child and community development.

Students gained hands-on experience through interactive sessions. The initiative promoted practical learning and skill development. (26.10.2023)



- Elderly well-being in relation to digital advancement (24.02.2024)
- Workshop on 'Child Rights and Women Empowerment in India: Concepts and Practices' (11.03.2024)
- Workshop on 'Laws & Policies for Women & Children in India' (20.03.2024)
- A workshop on "Education through puppetry" was conducted under the course SEC- Content Development and Media for Children by Dr. Sunaina Dua (02.04.2024)
- Webinar on "Laws and policies related to women and children in India" by Dr. Dinesh Singh, Assistant Professor (Law), Bennett University, Times Group of India. (13.04.2024)
- Webinar on "Infant care and assessment" by Dr. Vinutha Mukthamath for Life Span Development-I. (19.04.2024)
- Workshop on 'Integrating Mindfulness with Social Emotional Learning' by Ms. Debika Mitra, Mindfulness Coach and Mr. Nabarun Banerjee, Mentor, both from 'Escapades for the soul. (19.04.2024)
- Webinar on "Workshop on life skills for holistic development in adolescents" by Dr. Pooja Patil for LSD-II students (20.04.2024)
- A workshop on "Stimulation activities on multiple domains" was organised under the course Human Development I by Dr. Deepa Kannur (27.04.2024)
- Workshop on "Art therapy: Developmental activities for toy design, mind and technology by Ms. Nidhi Singh (27.04.2024)
- Online lecture on "Understanding child rights and social context" by Dr. Rituraj Sharma. (28.04.2024)
- Online workshop on "Assessment of developmental domains by psychometric tests (Lifespan Development)" by Dr. Dhaarna Bhardwaj, Child Psychologist. 30.04.2024
- Session on Dance Movement Therapy by Ms. Ritushree, Indian Association of Dance Movement Therapy (IADMT) (04.05.2024)



2022-2023

- Bal Mela celebrations with students of RAK Child Study Centre: Awaken the child inside you. Puppet Show and Poetry (14.11.2022)



- Orientation of M.Sc. HDCS (Previous) (16.12.2022)
- Theatre Workshop on Socio-emotional learning by Shweta Singh
- National School of Drama (T.I.E. Wing) (10.01.2023)
- Interactive decoding Session on happiness by Ms. Vasudha Arora National Award Winner, Educationist and Happiness Coach (17.01.2023)
- Mixed-method and Case-centred Research: In-depth Study of Children's Experiences (20.01.2023)
- A Session on Counselling and Intervention for Child Development by Guntasha Sangla, Counselling Psychologist (23.01.2023)
- Webinar on 'Loving Relationships with Loving Boundaries' by Dr. Vasudha Agarwal, Psychologist and Life Skill Coach (25.01.2023)
- Workshop: Mindfulness Simplified (31.01. 2023)
- A Session on Counselling: An overview, Shreya Bengani, Child and Adolescent Counsellor (30.01. 2023)
- Mindfulness for psychological well-being (07.02. 2023)
- Art Therapy workshop (15.02.2023 to 22.02.2023)
- Rajkumari Amrit Kaur Child Study Centre, Lady Irwin College, Annual Sports Day (23.02.2023)

- Special Session on "Adolescent Counselling: Do's and Don'ts in a session" by Dr. Deepak Gupta, Senior Consultant, Child & Adolescent Psychiatrist (17.02.2023)
- The Process of Counselling (03.03.2023)
- Public Lecture: Child Rights in India: Issues and Challenges, Speaker: Shri Kailash Satyarthi, Nobel Peace Laureate, 2014 (17.03.2023)



- Planning developmentally appropriate activities for children with disability, Ms. Smriti Kumar (23.03.2023)

2021-2022

- Legal Rights of Persons with Intellectual & Developmental Disabilities (07.08.2021)
- Webinar: Impact of Breastfeeding on Early Childhood Years and its Lifelong Implications (27.08.2021)
- Teachers' Day Celebrations (05.09.2021)
- Children on the Spectrum: Understanding Autism by Jaisika Goel, Founder Director, Crafting Lives Therapy Centre (06.09.2021)
- Stand Up Against Street Harassment: Use of 5Ds to stop street harassment (11.09.2021)
- Designing and delivering inclusive educational experiences (13.09.2021)
- A webinar on: Possibilities of employment for people with intellectual disabilities. Speaker: Neera Chawla, Director, Muskaan-PAEPID (20.09.2021)
- A webinar on "Importance of early detection and intervention: the way forward" by Dr. Nandini Mundkur, developmental paediatrician, specialist in developmental disorders in children (13.10.2021)
- A webinar on the Importance of Early Intervention by Dr. Monica Juneja, Director, Professor and Head, Department of Paediatrics and In-charge Child Development Centre and Centre of Excellence-Early Intervention Centre Maulana Azad Medical College (30.10.2021)
- A webinar on "Reaching the Unreached through Effective Early Intervention" Supporting children and their families by Neha Nagpal (03.12. 2021)

- A Webinar on counselling and intervention for child development by Guntasha Sangla, Counselling Psychologist (10.01.2022)
- A workshop on bystander training to stand up against street harassment (29.01.2022)
- A webinar on family and parent counselling for children's well-being by Yashika Malhotra (24.01.2022)
- A webinar on foundation literacy development in early years (25.01.2022)
- Presents a Webinar on Curriculum in Early Years by Dr. Romila Soni, NCERT. Platform: Google Meet (15.02.2022)
- Webinar on Content development for Children and Media: Contemporary Perspectives and Role of Child Development Professionals speaker: Ira Joshi, Faculty, School of Education, Azim Premji University, Bangalore (16.02.2022)
- A Session on Counselling tweens and teens: purpose and process by Ms. Manvi Gupta, Co-Founder, Parwarish Institute of Parenting (04.03.2022)
- Workshop on counselling for adolescents' well-being (09.03.2022)
- An online session by Ms. Aanchal Chomal, Azim Premji Foundation, Bangalore, on Working in the Field of Education for Systemic Changes- experiences and learning from working with children, teachers and education administrators (30.03.2022)

2020-2021

- Workshop: Orientation to careers for persons with vision impairment 02.02.2021-03.02.2021
- Webinar: Sensory integration: an overview "Learning to work with our children" Speaker: Ms. Karen Grace Paul Director of Child Healing Centre at Santhosa Samsara Social Charitable Trust, Bangalore-India (23.02.2021)
- Webinar Counselling- A Therapeutic Journey (26.02.2021)
- Counselling: importance of it in CNPC children (02.03 2021)
- Workshop on Enhancing the skills of Children with Disability (08.03.2021)
- Webinar: Taking charge of your personal finances, money matters: secrets you need to know (09.03.2021)
- Play therapy and autism (ASD) Live Webinar (via Zoom) (02.04.2021)
- Learning from the field: working with and supporting adolescents in different contexts (03.06.2021)

2019-2020

- Webinar on "Career opportunities in the field of Psychology after graduating in Home Science" 13.05.2020
- "Skill-Development" for adolescent girls and youth in rural Bihar by Ms. Yuman Hussain, Azad India Foundation
- Teachers Collective: efficacy and student achievement, Ms. Akansha Aggarwal, Education Collective
- Nurturing Social-Emotional Learning in early Adolescence, Dr. Pranalee Sharma
- Science and Ethics in a Post-Colonial Society: Students responsibilities for a better future by Dr. Nandita Chaudhary, Ex-Faculty, Lady Irwin College
- Expressive Art and Learning by Ms. Shaloo Sharma, Evoluer Solutions
- Session on working with Children and Youth: Preparing young professionals for Education and Development Sector, Ms. Mamta Saikia, CEO, Bharti Foundation

- Self Employed Women Association- Gender, Labour and Collectivisation, a session by Ms. Sonal Sharma, SEWA Bharat.
- Sharing of field experiences on Child rights and welfare, Ms. Jyoti Srivastava from Azim Premji Foundation
- A workshop on developmentally appropriate activities in an early childhood classroom, Ms. Sarita Prabhat.
- A lecture on Policy and Budget, Ms. Karuna Bishnoi
- Assessment and Evaluation: High quality in ECCE, Ms Saurabh Luthra
- Organised a session on 26th May 2020 on Research Methods in Social Sciences: Application, challenges and Analysis by Dr Jay Prakash from Ministry of Health, Government of India
- A session on An Anthropological Glance at COVID-19 by Dr Kiranmala Devi, Department of Anthropology, University of Delhi was conducted on 27th May 2020
- Organised a session on Gender issues during Pandemic: Ground Realities by Ms Ankita Upreti from SEWA Bharat on 28th May 2020
- An Interactive and explorative session on Self, consent and expression was conducted by Ms. Malavika Goyal, Ashoka University on 27th and 29th May 2020
- Sessions with Dr. Asha Singh, Ex-Faculty, Lady Irwin College with different sections on Engaging with children, Music and Movement with Children, Understanding Self through Theatre in August 2019, September 2019 and May 2020
- A conversation with Kamla Bhasin on हम क्यूँ अभी तक जुड़े है पितृसत्ता से? on 14th June 2020
- A session on Yoga and Wellbeing was conducted by Dr. Ajay Kumar Shastri, Jawaharlal Nehru University for the students on 4th March 2020
- Ms. Poorvaja Kumar, Human of Canines conducted a session on Animal Assisted Therapy on 18th June 2020
- Women Overcoming Challenges in the present Times by Dr. Kiran Bedi, Governor, Puducherry on 30th June 2020